

## Cough, Cold, and Allergy medications

### Antihistamines

Benadryl Allergy liquid (diphenhydramine 12.5 mg/ 5 cc) dose every 6 hours

14-17 lbs   18-23 lbs   24-35 lbs   36-47 lbs   48-59 lbs

1/2 tsp   3/4 tsp   1 tsp   1.5 tsp   2 tsp

Claritin liquid (loratidine 5 mg/ 5 cc) dose is once a day

2-5 yr                      6-11 yr

1 tsp                        2 tsp

Zyrtec liquid (cetirizine 5 mg/ 5cc) dose is once a day

6-24 mo                      2-5 yr                      6-11 yr

1/2 tsp                      3/4-1 tsp                      1-2 tsp

Allegra liquid (fexofenadine 30 mg/ 5 cc) dose is every 12 hours

6-24 mo                      2-11 yr

1/2 tsp                      1 tsp

### Cold Medicines

	dose every	2-3 yrs 24-35 lbs	4-5 yrs 36-47 lbs	6-8 yr 48-59 lbs	9-11 yr 60-85 lbs
Dimetapp Elixer	6 hr	1 tsp	1.5 tsp	2 tsp	3 tsp
Nyquil syrup	6 hr	1 tsp	1.5 tsp	2 tsp	3 tsp
Pediacare cough/Cold	6 hr	1 tsp	1.5 tsp	2 tsp	2.5 tsp
Sudafed	6 hr	1/2 tsp	3/4 tsp	1 tsp	1.5 tsp
Triaminic cough/cold	6 hr	1/2 tsp	3/4 tsp	1 tsp	1.5 tsp

### Cough medicines

	dose every		3/4 tsp	1 tsp	1 tsp
Delsym	12 hr	-----	3/4 tsp	1 tsp	1 tsp
Dimetapp DM	6 hr	1 tsp	1.5 tsp	2 tsp	3 tsp
Pediatric Formula 44	6 hr	1.5 tsp	1.5 tsp	3 tsp	3 tsp
Robitussin DM	6 hr	1/2 tsp	1/2 tsp	1 tsp	1 tsp
Triaminic nighttime	6 hr	1 tsp	1 tsp	2 tsp	

Important, Please read: The FDA acknowledges that the ingredients in these cough and cold products have not been tested to identify their levels of effectiveness or safety. While further studies are ongoing the manufacturers have voluntarily relabeled their recommended use of these products to "do not use" in children under 4 years of age. The dosages listed above are the current recommendations of this practice based on historically recommended doses.